

INTRODUCTION

Our goal is to help heal the wounded and guide them to freedom in Jesus Christ and to provide a user friendly resource tool for ministers, therapists, and counselors. If you are not a Christian, you can learn how to become one. If you are already a Christian, you can obtain greater freedom in Christ by working through the SEVEN STEPS TO VICTORY IN JESUS CHRIST. It is important for every Christian to know WHO WE ARE IN CHRIST (see Appendix One). It is even more important to know WHO CHRIST IS IN US.

We want to make it known to all that we are not professional counselors. We are just ordinary people that God has seen fit to use in this area of ministry. We have had hands on experience for several years in dealing with the horrors of different types of abuse and those it leaves behind. Therefore, we write this book to help speed the healing process for God's hurting children. We want to apply the healing balm of Gilead found in God's word to heal the broken, the ones who have been taken captive, the wounded victim-survivors of all types abuse and all those who want freedom in Jesus Christ.

VICTORY IN JESUS

WE FIGHT THIS BATTLE AGAINST SATAN AND HIS DEMONS FROM A POSITION OF VICTORY.

Jesus has already won the battle.

Colossians 2:13-15 And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses; (14) Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross; (15) *And* having spoiled principalities and powers, he made a show of them openly, triumphing over them in it.

(Luke 4:18 KJV) The Spirit of the Lord is upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised,

(Joshua 1:1-3 KJV) Now after the death of Moses the servant of the LORD it came to pass, that the LORD spake unto Joshua the son of Nun, Moses' minister, saying, (2) Moses my servant is dead; now therefore arise, go over this Jordan, thou, and all this people, unto the land which I do give to them, even to the children of Israel. {31 Every place that the sole of your foot shall tread upon, that have I given unto you, as I said unto Moses.

Before they crossed the Jordan, they had the Word of God that every place that the sole of their feet should tread upon, HAD BEEN GIVEN UNTO THEM, but they had to walk over it, and take it foot by foot, for God did not hand it over to them, and say, "Now you have it," and then they had nothing further to do. He said, "I have given it," "now you must take it step by step". It was very important that Joshua should be clear on the point that the land in front of him, had been given by Jehovah to Israel, before he started out to take it, so that always he should act from the faith position of assured victory.¹

Joshua took a step at a time to receive what God had prepared for him. We have **SEVEN STEPS TO VICTORY** to help survivors and all Christians receive what God has for them. These **SEVEN STEPS** will bring anyone to wholeness and freedom in Jesus Christ. There is healing power through Jesus Christ and his word.

(2 Timothy 1:7 KJV) For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind.

(Matthew 11:28-30 KJV) Come unto me, all ye that labor and are heavy laden, and I will give you rest. (29) Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. (30) For my yoke is easy, and my burden is light.

¹Jesse Penn-Lewis, *THE CONQUEST OF CANAAN*, 1989 Christian Literature crusade, Box 1449, Ft. Washington, PA 19034, p. 2.

(Colossians 2:12-15 KJV) Buried with him in baptism, wherein also ye are risen with *him* through the faith of the operation of God, who hath raised him from the dead. (13) And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses; (14) Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross; (15) *And* having spoiled principalities and powers, he made a show of them openly, triumphing over them in it.

PRAISE GOD FOR VICTORY THROUGH JESUS CHRIST!

We need to put our armor on and get to work!

Ephesians 6:10-12 Finally, my brethren, be strong in the Lord, and in the power of his might. (11) Put on the whole armor of God, that ye may be able to stand against the wiles of the devil. (12) For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high *places*.

> Remember, Jesus is the counselor and the Holy Spirit is the teacher and guide. A Minister must realize that he can't do anything to help anyone, but if he knows the One who can help, then he is on his way to becoming a successful Minister.

SEVEN STEPS TO VICTORY THROUGH JESUS CHRIST

PREPARATION FOR MINISTRY

To simplify and designate titles through the **STEPS** in this book we will refer to the person doing the ministering as : Minister (whether or not they hold a ministerial degree). To minister means to serve. What a great honor it is to serve the ones God sees needing help and to serve God by being his instrument to bring about freedom in Jesus Christ in those who are wounded. And we will refer to the person receiving the ministry as: the Victor

HOW TO START THE MINISTRY SESSION

1. Every person that will be involved in the session needs to pray a prayer for personal forgiveness and cleansing from their sins.

(1 John 1:9 KJV) If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.

2. **BIND** the Strongman that stands against your ministry session and pray for God's spiritual protection for those involved in the session.

(Matthew 12:28-29 KJV) But if I cast out devils by the Spirit of God, then the kingdom of God is come unto you. {29} Or else how can one enter into a strong man's house, and spoil his goods, except he first bind the strong man? and then he will spoil his house.

3. Pray for the Holy Spirit's leading and teaching during the session.

(Romans 8:14 KJV) For as many as are led by the Spirit of God, they are the sons of God.

(John 14:26 KJV) But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you.(John 16:13 KJV) Howbeit when he, the Spirit of truth, is come, he will guide you into all truth: for he shall not speak of himself; but whatsoever he shall hear, that shall he speak: and he will show you things to come.

4. "Loose lips sink ships." Perhaps an old war-time saying with much truth!

(Proverbs 11:13 KJV) A talebearer revealeth secrets: but he that is of a faithful spirit concealeth the matter.

Make everyone aware that everything in the session will be kept in the strictest confidence. Let the Victor know that they can speak openly and freely and that they won't be looked down upon for anything that they share. The Minister must understand how important it is not to tell others the things that are revealed in personal ministry time. Repeating things that are revealed during that time can cause tremendous harm to the Victor that you sincerely are trying to help.

(Proverbs 18:8 KJV) The words of a talebearer are as wounds, and they go down into the innermost parts of the belly.

After you have finished your opening prayers, you are ready to go to the Personal History Section.

PERSONAL HISTORY

To save time in the ministry session this Personal History section (Pages XXI-XXIV), including Current, Life, and Emotional and Moral) can be copied and filled out in advance. The purpose of the personal history section is to make everyone in the session more at ease and to give the Minister an opportunity to get to know the Victor better. By asking these questions it will help reveal how to minister to the one who has come for help. As the questions are answered be open to the Holy Spirit's leading to help decide which one of the Steps to Victory should be dealt with first. The Steps to Victory in Christ do not have to be followed in their specific order. Let the Holy Spirit decide where to start and how much to cover in each session.

The questionnaires help to provide information to the Minister so the background can be formed that might reveal some problem areas. The question in the Personal History section that is about the Victor's salvation is very important. Leading the Victor to Jesus is the most important thing that can be accomplished during ministry. The information in the following section is confidential and does not need to be shared with anyone else except the Minister and Victor. Do not be judgmental or condemning when discussing the answers with the Victor. This may be the first time they have honestly shared this part of their lives with any one and they need to be told that it took courage to share their answers and how honored you are as a Minister that they felt they could share their lives with you. We never know how we would react in our lives if our circumstances would have been different. It can be compared to the saying, "Walk a mile in another man's shoes".

One of the questions we ask in the PART II - LIFE HISTORY section is concerning the status of the relatives of the Victor and the Masons, Shriners, or Eastern Stars. This is asked because in our ministry to survivors we have had numerous allegations of Satanic Ritual Abuse being perpetrated by members of those organizations or on property connected to those organizations. This does not mean that everyone who has a relative in those organizations has been abused by them. We deal with this issue in great detail in our video. (ordering information at the end of the book)

Let the Holy Spirit guide you on where to probe to find out how you are to proceed in ministry. Review the Personal History section of your Victor before starting each new ministry session to make sure that no problem areas are being overlooked.

PERSONAL HISTORY

> To the Minister: Please copy this entire PERSONAL HISTORY pages Including CURRENT, LIFE, AND EMOTIONAL and MORAL, and give to the Victor to fill out prior to the first session , or before you start the first session.

> To the Victor: We refer to all persons being ministered to as the Victor. The purpose of the PERSONAL HISTORY section is to make everyone in the session more at ease and to give the Minister an opportunity to get to know the Victor better. By asking these questions it will help reveal how to minister to the one who has come for help. As the questions are answered be open to the Holy Spirit's leading to help decide which one of the Steps to Victory should be dealt with first. Please pray for the Lord to open your mind so that you can answer all the questions as honestly as you can. This questionnaire is to be used in the ministry sessions and will be kept strictly confidential between you and the Minister (the one doing the ministry sessions). Because the Minister needs to review the questionnaire before each session, it should be kept in the possession of the Minister until all sessions are completed.

PART I - CURRENT HISTORY -----

1.Name: _____ Age _____

2.Address: _____

_____ State _____ Zip _____

3.Phone: _____

Email: _____ Web Site: _____

4. Marital status: _____

Children: _____

5. Job History: _____

Dream Job: _____

6. Church Background: _____

7. Salvation experience: _____

Bad Church experience: _____

8. Counseling experiences _____

PART II - LIFE HISTORY

Health History

Check if there is a history of these health problems in your family. Circle them if YOU have a problem with any of them yourself.

<input type="checkbox"/> other	<input type="checkbox"/> reproductive organs	<input type="checkbox"/> sexual diseases
<input type="checkbox"/> heart disease	<input type="checkbox"/> alcoholism or drugs	<input type="checkbox"/> glandular
<input type="checkbox"/> allergies	<input type="checkbox"/> tobacco addiction	<input type="checkbox"/> cholesterol
<input type="checkbox"/> broken bones	<input type="checkbox"/> cancer	<input type="checkbox"/> tuberculosis
<input type="checkbox"/> mental illness	<input type="checkbox"/> ulcers	

Check Yes or No to these questions.

<u>Yes</u>	<u>No</u>	
<input type="checkbox"/>	<input type="checkbox"/>	Are you currently using any medications for physical or Psychological reasons?
<input type="checkbox"/>	<input type="checkbox"/>	Are you currently seeing a Psychiatrist, Therapist, or Counselor?
<input type="checkbox"/>	<input type="checkbox"/>	Have you ever been hypnotized or used guided imagery, or bio-feedback?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have trouble sleeping?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have nightmares or strange or re-occurring dreams?
<input type="checkbox"/>	<input type="checkbox"/>	Do you have any time for relaxation and fun?
<input type="checkbox"/>	<input type="checkbox"/>	To your knowledge, did your parents ever commit adultery?
<input type="checkbox"/>	<input type="checkbox"/>	Are your parents still married?
<input type="checkbox"/>	<input type="checkbox"/>	Have any of your family members been involved with Occultic or non-Christian practices (New Age, Dyanetics, etc.)? If answer is yes, please explain below:

<input type="checkbox"/>	<input type="checkbox"/>	Did your father and mother have a normal relationship? (henpecked, domineering, etc.)
<input type="checkbox"/>	<input type="checkbox"/>	Do you feel you had a happy childhood in the first 10 years of your life?
<input type="checkbox"/>	<input type="checkbox"/>	Are you adopted?
<input type="checkbox"/>	<input type="checkbox"/>	Have you been emotionally, sexually, or physically abused?
<input type="checkbox"/>	<input type="checkbox"/>	Are you an optimist?
<input type="checkbox"/>	<input type="checkbox"/>	Do you read the Bible regularly?
<input type="checkbox"/>	<input type="checkbox"/>	Do you attend church regularly?
<input type="checkbox"/>	<input type="checkbox"/>	Do you pray?

Yes No

_____ _____ When you attend church are you plagued with thoughts such as jealousy, foul or lustful thoughts, mental harassment, unable to absorb or pay attention?

_____ _____ Do you listen to Christian music or other? Please explain:

_____ _____ Do you watch T.V. in more than 50% of your spare time?

_____ _____ Do you have any of the same problems that your parents did?

_____ _____ Do you feel frustrated and feel like things never work out right for you?

_____ _____ Do you have any relatives who are members of secret organizations such as the Masonic Lodge, Shriners, Eastern Stars; etc. If yes, how are they related to you and what are they a member of?

PART III - EMOTIONAL AND MORAL HISTORY -----

Please answer the following questions as honestly as you can. If you feel uncomfortable about answering any of them, you may omit answering them at this time.

1. Is there anyone you completely trust and can be completely honest with about your feelings? _____

2. Can you be emotionally and totally honest with God? _____

3. Have you ever thought you were losing your mind? _____ If yes, please explain:

4. Please mark the list below by using "O" for Overly Permissive, "A" for Average, and "S" for Overly Strict, etc., as how you rate the way your parents taught you concerning these areas.

[Example]

[O_ reading (Meaning they expected you to read all the time=Overly Strict)]

- | | | |
|-------------------------|----------------------|---------------------|
| _____ Bible reading | _____ dating | _____ hair styles |
| _____ Church attendance | _____ magazines | _____ make-up |
| _____ movies | _____ personal | _____ language |
| _____ drinking | _____ correspondence | _____ junk food |
| _____ smoking | _____ phone habits | _____ eating habits |
| _____ music | _____ friends | _____ weight |
| _____ sex | _____ jobs | _____ teeth |

5. Do you like yourself? _____

6. Have you ever wanted to change your name? If yes, why? _____

7. Check if you are struggling with any of the following areas?

_____ fear	_____ voices outside	_____ bitterness	_____ sexual
_____ doubt	_____ dizziness	_____ frustration	immorality
_____ resentment	_____ migraines	_____ fear of death	
_____ daydreaming	_____ nymphomania	_____ fear of others	
_____ fantasizing	_____ anorexia	_____ suicidal	
_____ voices inside	_____ bulimia	_____ thoughts	
_____ anger lust	_____ self-hate	_____ sin	
_____ worry envy	_____ memory loss	_____ rejection from	
_____ inferiority	_____ loneliness	_____ others	
_____ insecurity	_____ depression	_____ abortion	

8. What do you like best about yourself? _____

9. What do you like least about yourself? _____

10. Do you think other people like you? Explain 'yes' or 'no' answer: _____

11. Do you want to be completely free in Christ? Explain 'yes' or 'no' answer: _____

12. Do you think it is possible that you can be completely free in Christ? Explain 'yes' or 'no' answer: _____

When finished answering these questions they need to be discussed briefly before going any further. Please return the complete **PERSONAL HISTORY** section and **BOTH the WAIVERS SIGNED** to the Minister as soon as possible so that it can be reviewed before starting the first session.

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